

RESOURCES FOR EXPECTANT WOMEN AND FAMILIES

New York

Parenting Support/baby supplies

- [Healthy Baby and Me](#)
- [Newborn Home Visiting Program](#)
- [DWDC: Healthy Families Program](#)
- [Room to Grow](#)
- [NYC Department of Youth & Community Development](#)

Housing Assistance

- [Coalition for the Homeless](#)
- [PATH](#)
- [Little Flower Home](#)
- [Homeless Shelter Directory](#)
- [Transitional Independent Living](#)

Benefits/WIC

- [WIC Program](#)
- [Supplemental Nutrition Assistance Program \(SNAP\)](#)

Prenatal/Abortion/Pregnancy Confirmation

- [CHOICES Women's Medical Center](#)
- [Planned Parenthood](#)
- [Avail](#)

Food Banks & Pantries

- [Food Bank for NYC](#)
- [Food Bank of Hudson Valley](#)
- [New York Common Pantry](#)

Domestic Violence

- [The National Domestic Violence Hotline](#)
- [Safe Horizon](#)
- [Community Based Domestic Violence Services](#)